

October 2017

Morning: Wednesday 25th October 2017 10.30am at The Gables, East Malvern.

Evening: Tuesday 24th October 2017 6.30pm at The Brighton International.

This year we heard from two outstanding speakers:



Matt Sherwood
Head of Investment



Luke Daley, MS, RNutr. PT,
Registered Nutritionist

- **Matt** began his career as a Senior Economist at the Reserve Bank of Australia and has worked at Perpetual Funds Management for the last 12 years, currently Head of Investment Strategy.
- Matt has presented to our clients several times during the last 10 years. We were fortunate that he accepted our invitation to discuss the global economic and investment climate in 2017. Clearly, he had a lot to include in his sessions and everyone walked away with a wealth of information.
- Our money, our family and our health are generally the 3 most important things in our lives (not necessarily in that order!). Our clients see us as the experts in the “money” field, but we look to other experts in the “health” area.
- We invited **Luke Daley** to speak at our seminars. Luke is a Registered Nutritionist, chef and lecturer in Nutrition Medicine. Alongside his wife Carly, he runs a nutrition and dietetic team of educators called Daley Nutrition, which educates more than 10,000 per year about healthy eating, meal planning, cooking, growing food and physical activity.
- It was a pleasure to have Luke present to our clients on how to look upon their health synergistically.



